

# **Homecare – the most important information for you**

If you are temporarily unable to run your household yourself and provide for your children, we are there for you at AOK Bremen/Bremerhaven. Together, we will find a solution.

## **When do I get homecare?**

If you are unable to run your household because

- you have to go to hospital,
- you will be undergoing outpatient or inpatient preventative care (parent-child treatment),
- you suffer from an acute illness or receive nursing care at home,
- you are going for outpatient or inpatient rehabilitation, or
- you can no longer run your household due to a difficult pregnancy or childbirth,

then you are entitled to homecare if you have been running the household so far and your children are under the age of twelve, or if they are dependent on assistance due to a disability\*.

## **How do I apply for homecare?**

Unless the case is urgent, homecare must be requested from AOK Bremen/Bremerhaven **before use**. If the homecare is not necessary as a result of inpatient treatment, a doctor's certificate must be attached to the application (e.g. in the case of a serious illness).

## **How long can I get homecare for?**

Homecare generally lasts four weeks and can be extended, if necessary, to 26 weeks (standard cover) after a hospital stay. In the case of an acute severe illness and up until your child's 14<sup>th</sup> birthday, it can be received for up to 52 weeks (additional cover).

## **Who can help me around the house?**

There are generally three ways of organising help in the household with AOK. AOK will contribute to the costs if

- acquaintances or neighbours support you (in this case the payment will be in the form of lump-sum remuneration),
- your spouse or relative provides the assistance and there is a loss of earnings, or
- you use professional homecare.

## **What do I have to pay?**

With the statutory co-payment, you will cover 10% of the daily costs – at least 5 euros and a maximum of 10 euros per day. If you require homecare due to pregnancy or for childbirth, the co-payment does not apply.

## **Do you have any other questions?**

No problem! You can call us, write to us or come and see us at one of our offices in Bremen and Bremerhaven.

\*In some circumstances, homecare cannot be applied for if no children are living in the household.