

The new electronic patient record: for everyone from 2025!

Dear Mrs./Mr. ,

from mid-February 2025, an electronic patient record (ePA) will be automatically set up by the health insurance companies for all those with statutory health insurance. The electronic patient record offers you many advantages - you or your doctors can use it to store important medical information, for example about your treatments or medications. Doctor's letters, vaccination certificates and older documents that were previously only available in paper form will no longer be lost. The treating physicians can coordinate with each other on an ongoing basis, eliminating unnecessary duplicate examinations. In an emergency, the ePA can even save lives. Rescue workers can immediately see whether there are any pre-existing conditions or allergies.

Important: You alone determine who has access to the ePA and who is allowed to store what data there. The use is voluntary. You can object to the establishment of an ePA altogether, but you can also exclude individual users or institutions from access. Children with family insurance also get their own ePA. For children under 15 years of age, the parents or guardians decide on these issues. Comprehensive information on the electronic patient record can be found on our website: aok.de/epa.

The following institutions can access the ePA with your permission:

- Medical practices and hospitals can see the health data and add new information. This allows physicians to make better decisions and, for example, avoid problems with the combination of drugs.
- Other healthcare providers such as pharmacists are allowed to access EHR data for medical purposes. This can be important for e-prescriptions, for example, to advise on side effects.
- With your permission, data can be transferred from health and care apps to your ePA.
- Authorized trusted persons can manage your ePA. Such persons, however, are not allowed to delete the file and are not allowed to set up any further representation.
- AOK Bremen/Bremerhaven can store data in the ePA – but it cannot read data from other institutions.

Important for you: The ePA is voluntary, you can object at any time. If you do not want us to create an ePA for you, please let us know within six weeks.

Please use the following link: www.aok.de/bremen/epa-widerspruch. You can also adjust and change your decision at any time in the future.

When the electronic patient record is launched in February 2025, we will contact you with further information. Until then, you don't need to do anything else.

Best regards,

yours sincerely
AOK Bremen/Bremerhaven