

Saisonkalender – Gemüse



| GEMÜSE | MÄRZ | APRIL | MAI |
|---------------------|------|-------|-----|
| Feldsalat | ● | ● | ● |
| Kopf- & Blattsalat | ● | ● | ● |
| Romanasalat | | | ● |
| Rucola (Rauke) | | ● | ● |
| Blumenkohl | | ● | ● |
| Brokkoli | | | ● |
| Champignons* | ● | ● | ● |
| Chinakohl | ▲ | ▲ | ● |
| Gurke (Salat-) | ■ | ■● | ■● |
| Kartoffeln | ▲ | ▲ | ▲ |
| Kürbis | ▲ | | |
| Möhren | ▲ | ▲ | ▲ |
| Pastinaken | ▲ | ▲ | |
| Radieschen | | ● | ● |
| Rettich | ▲ | ▲ | ▲● |
| Rhabarber | | ● | ● |
| Rosenkohl | ▲ | | |
| Rote Beete/Rüben | ▲ | ▲ | ▲ |
| Rotkohl | ▲ | ▲ | ▲ |
| Sellerie (Stauden-) | | | ● |
| Sellerie (Knollen-) | ▲ | ▲ | ▲ |
| Spargel | | | ● |
| Spinat | | ● | ● |
| Spitzkohl | | | ● |
| Tomaten | ■ | ■ | ■● |
| Weißkohl | ▲ | ▲ | ▲● |
| Wirsingkohl | ▲ | ▲ | ● |
| Zwiebeln (Gemüse-) | ▲ | ▲ | ▲ |
| Zwiebeln (Lauch-) | | ● | ● |

● = Freilandprodukt

▲ = Lagerware

■ = beheiztes Gewächshaus